

Dunbar Tea Shop



Organic Tea

The perfect temperature for tea is two degrees hotter than just right. ~Terri Guillemets

I always fear that creation will expire before tea-time. ~ Rev. Sydney Smith

Summer Hours:

Tea Room: 11-5

Open everyday

Serving Afternoon Tea, varied menu, wide variety of specials, tea, beer & wine.

Tea Shop: 10-5

Open everyday

A wide variety of teas, tea accessories, imported foods, etc...



Consumers are beginning to pay close attention to how agricultural products are grown and processed, and this has driven growth and interest in the organic movement worldwide. The European market, in particular, has focused intensely on this approach to farming, and many foods and beverages are becoming available with organic certification. In its infancy, organic often meant that quality was sacrificed at the altar of environmentally friendly farming, but that has changed dramatically in recent years. Organic tea has come to the United States amid varying degrees of welcome and controversy. We feel strongly that some of the issues surrounding this topic need to be addressed.

Tea Forté

Tea Forté's products are created in the tea gardens of China. Their tea blenders are masters of the art, and have been living and breathing tea their entire lives. Freshly picked whole leaf teas, flowers, and herbs are selected for their flavor profiles.

Silk Infusers: The combination of their whole leaf blends,

First of all, what does it mean to be organic? The average person will answer "grown without pesticides." While growing and processing food in a chemically free environment is a basic tenant of the organic movement, it is not the sole qualifier. Organic farming is at once a very complex and simple system of producing food. In its ideal representation, it produces products that adhere to strict standards addressing growth, harvesting, preservation, processing, storage, transportation, and marketing.

Human nature being what it is, organic products must be able to withstand close inspection, and there are a number of independent certification programs that undertake on-site

farm inspections, publish standards, and mandate clear, traceable, audit trails, from farm to market. We would not presume to address all the issues involved with organic farming and products here, but strongly encourage the interested consumer to pursue more information on the topic.

As far as tea is concerned, we are happy to report that there is a growing community of dedicated organic producers, and they are growing, processing and marketing some products of exceptional quality. Beware the self-appointed expert who claims that virtually all tea is organically produced, although not certified.

(cont. next page)

open weave fabric, and spacious pyramid come together as never before to brew an extraordinary cup of tea to rival any connoisseur's pot of tea.

Since the recent introduction of their revolutionary blends and infusers, Tea Forté is changing the way tea is enjoyed internationally. From the up-

scale shoppers at Harrod's in London, to the tea aficionados of Tokyo, to celebrities on retreat at the famed Canyon Ranch, Tea Forté is quickly developing a strong following of tea lovers who seek out Tea Forté in boutiques, fine restaurants, and travel destinations.

For sale now at the Dunbar Tea Shop!



Book Review

Tea with Friends by Elizabeth Knight

Knight's book is a must have for any tea party thrower. The chapters are divided into the 12 months of the year. Knight starts each chapter with a quick historical anecdote particular to a culture which sets the scene for her tea party idea for that month. She then goes on to a section she calls "Setting the Scene" where she discusses how to set the table and what music to play. She then discusses an idea for an activity, while including a historical snippet on why the activity is relevant to that month.

She includes a complete menu for the party as well as providing one recipe from the menu, for instance, Humpty-Dumpty egg and almond sandwiches or Iced Rose Petal Tea.

Each recipe is chosen to match the theme of the month. For instance, March's recipe is for an Irish Soda Bread and the activity is Singing and Dancing to traditional Irish music. October's recipe is Spicy Mustard Spread and the activity is Telling Fortunes.

Elizabeth Knight has written about tea and entertaining for many magazines and tea publications. The illustrator, Carolyn Bucha, does a superb job of including paintings for every chapter that really enhance the message that Knight is trying to convey about a particular month.

This is a book that will be pulled from the bookshelves of any entertainer so many times throughout the year that you may find it pretty worn down by the time the new year rolls around. It is available for sale now at the Dunbar Tea Shop.

Shanna H. Weekly.

Tea should be taken in solitude. ~C.S. Lewis

Find yourself a cup of tea; the teapot is behind you. Now tell me about hundreds of things. ~Saki

There are few hours in life more agreeable than the hour dedicated to the ceremony known as afternoon tea. ~Henry James, *The Portrait of a Lady*

Organic Tea cont.

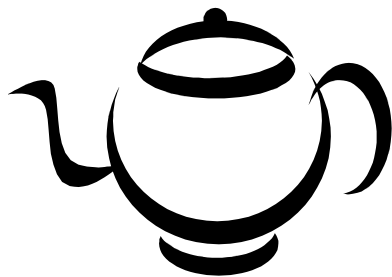
Certainly there are small farmers growing tea who cannot afford either pesticides and chemical fertilizers, much less organic certification, but they are a minority. While we won't claim that the *Fortune* magazine most-influential list is brimming with tea people and tea money, there are many growers who have a comfortable standard of living. Tea is a multibil-

lion dollar industry, with players all over the world, and they include some of the most sophisticated and shrewd marketers and business people on the planet.

The dedicated organic tea growers who are currently producing certified organic teas have demonstrated a commit-

ment not only to environmentally sound farming practices, but also to the production of top quality teas. If these issues are important to you, be assured that these products are available, and more and more are coming to the market. (Rasmussen, W. & Rhinehart, R. Tea Basics: A Quick and Easy Guide, 1999)

Check out our on-line store!

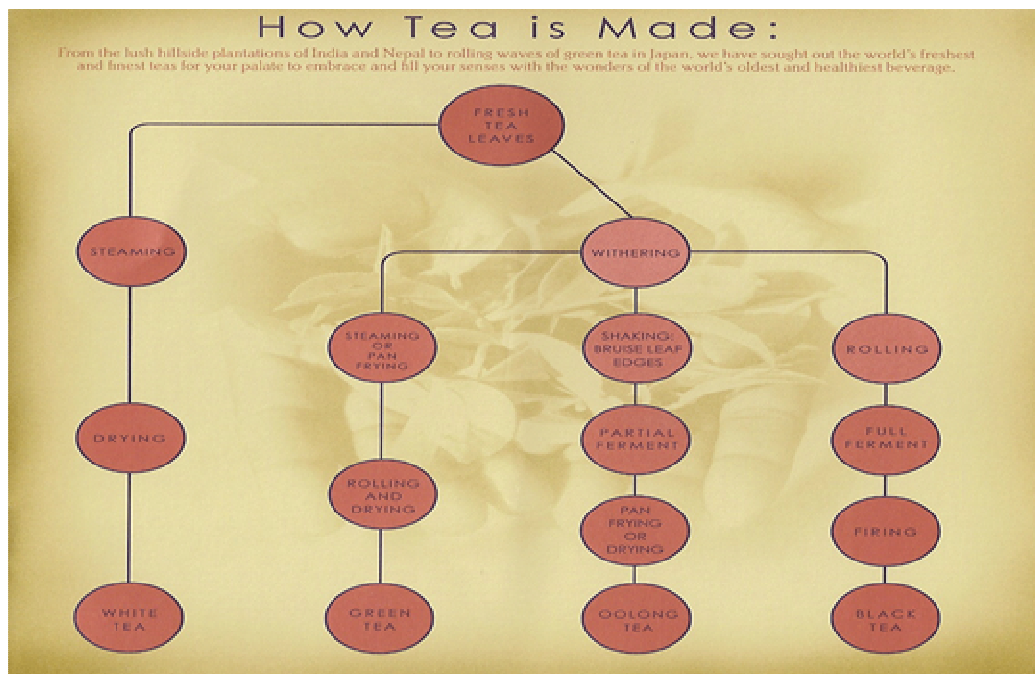


Have you found yourself looking for that perfect gift to send your Aunt in California or your daughter in college, or a best friend that lives in Texas? Or perhaps you are relocating but can't get enough of our courtship tea! Well, we have a solution for you.

We are online! The Dunbar Tea Shop has had a website for quite some time now but we have just begun to sell our gift shop products online as well.

Check us out at: www.dunbarteashop.com and click on the link on the left "Shop our on-line store". We

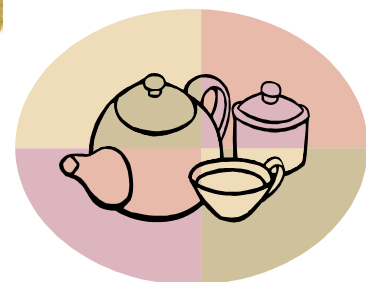
have a variety of teapots and teacups for sale as well as our loose teas, tea accessories and books related to tea. If you do not find what you are looking for give us a call and we will be more than happy to take your order over the phone and send your order out ASAP.



(Teavana, 2006)

Tea related websites to visit:

- www.tea.co.uk
- www.teacouncil.co.uk
- www.teamap.com
- www.tea.com



Summer Recipe

Chilled Strawberry Mint Soup mint in a saucepan.

- 1/2 cup water
- 1/2 cup red wine
- 1/2 cup sugar
- lots of mint leaves & stems
- 3 cups strawberries
- 1 cup strawberry yogurt (not fruit on the bottom type)
- 8 oz. half & half

Combine water, wine, sugar &

Bring to a boil over medium-high heat & simmer for 15-20 minutes.

Puree berries in processor. Cool wine syrup mixture (ice bath quicker).

Strain mint from this mixture with slotted spoon and process this plus additional mint with strawberries.

Whisk all ingredients until smooth.

Chill.

Serve with mint springs.

Reviews

Frommer's Review: Whether you choose the cozy confines of the Tea Room on a crisp autumn day or the shady outside grove in summer, you'll enjoy the hearty English classics served here. Lunch beginning at 11am features homemade soups, salads, and sandwiches like the Farmer's Lunch (crusty warm bread, roast beef, horseradish sauce, and English mustard). The Tea Room also serves tea, of course, with all

the traditional fixings and accompaniments you'd expect. A tea-themed gift shop is attached.

Tripadvisor.com Review: Everything from the aroma of the tea shop to the quant pleasing effect of the eating area with a fireplace and fully displayed dessert options make this the best tea room experience I've ever had. My friends and I intended to go for after-

noon tea, but couldn't resist the lunch menu and HOME-BAKED desserts. The decor is out of a storybook, and the food was just as good. Oh and how could I forget to comment on the tea- unsurpassed. (I had blackcurrant)

There is a great deal of poetry and fine sentiment in a chest of tea. ~Ralph Waldo Emerson, *Letters and Social Aims*



Dunbar Tea Shop

1 Water St
Sandwich, MA 02563

Phone: 508-833-2485
Fax: 508-833-4713

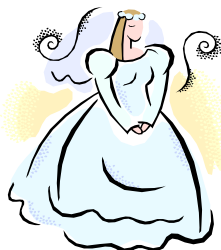
We're on the web!
dunbarteashop.com

Since we first opened in 1991 the Dunbar Tea Shop has been featured in many guides, newspapers and magazines from around the world, including *The Boston Globe*, *The Cape Cod Times*, *The Washington Post*, *Yankee Magazine*, *National Geographic Traveler Magazine*, *Figaro(Japan)*, *Cape Cod Life*, *Travel Magazine*, *Fodor's*, *Frommer's*, *Mobil*, *Access Guide*, *Insight Guide*, *Explorer's Guide* & *Lonely Planet Guide to New England*. The Dunbar Tea Shop has successfully blended the best of old England with the best of New England.

The building itself is the old Carriage House to the main house (circa 1740) and the tea room sits in an old wood paneled billiard and gentlemen's smoking room. Now it is home to the clinking of tea cups rather than billiard balls and the aromas of baking pies, cakes, shortbreads and scones rather than pipe smoke. The tea room has a fireplace that we stoke up for the winter, and in the summer we seat customers in our patio and shady tea garden.

The Tea Shop has become an unique institution and an integral part of a trip to Sandwich. We have developed a great reputation over the years for our homemade goods, our selection of quality teas and our innovative menu. We also have a fine selection of British ales and European wines, ports and sheries.

Book your bridal or baby shower today!



The Dunbar Tea Shop is the perfect place for a bridal or baby shower. Reserve the garden tent outside and invite your friends and family to celebrate this important day in your life. We serve our traditional Afternoon Tea as well as a variety of specials.

Before or after your event feel free to browse our shop, full of beautiful tea pots, tea accessories, books, packaged and loose teas, unique gifts, and British foods.

To reserve this lovely location please call 508-833-2485. Call now to ensure that you get your preferred date!



Place stamp
here